



Reiki Federation Ireland

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Re: History of Reiki Practitioner Module

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1. Introduction

In the past number of years many Members have requested information on the history of the Reiki Practitioner Module.

We hope that this review answers your queries and is useful and informative in training and passing information on to your students.

Also we are now in a position to request Health Insurance cover for Reiki and the Reiki Practitioner Module is required for RFI Reiki Practitioners.

Some members had the following comments/queries. These are answered and referenced throughout this document.

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1. "I teach the Reiki Practitioner Module in Reiki Level 2".
2. "Reiki Practitioner is not part of the Reiki system that I was taught"
3. "The Reiki Practitioner Module is not part of Usui's practice."
4. "How can you spend 18 hours on the Reiki Practitioner Module?"



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2. History Summary

- RFI established in 2002
- RFI constituted in 2003
- National Working Group (NWG) on the Regulation of Complementary Therapists was set up in 2003. Department of Health and Complementary Associations and Training Organisations.
- Report of the NWG on the Regulation of Complementary Therapists to the Minister for Health & Children in December 2005.
- RFI was represented on the NWG and members submitted Reiki Practitioner Module to be included in the Report of the NWG. This submission was based on the gaps in Reiki Training as advised by NWG. See the NWG Document, Reiki Practitioner Module under Training Standards Appendix VI pages 85-92 for full details. Recommended Hours: 100.
- RFI members agreed to the Reiki Practitioner Module at EGM Sept 2007 and EGM Feb 2008. The Reiki Practitioner module was not part of Usui's practice, however members agreed to introduce, so that RFI would be recognised as a professional body and in line with the NWG recommendations. (Response to comment 3)
- Training in the Reiki Practitioner Module was given to Members on 6th June 2009
- Based on RFI's involvement in the NWG Report 2005, RFI had a meeting with the Department of Health on 28 January 2011 to discuss RFI's progress and requested to be recognised by the Department of Health as being the Professional body for Reiki in Ireland providing a Personal Care Therapy that can be used alongside Medical Care.
- One of the recommendations from the Dept of Health was for RFI to request Health Insurance Cover.

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3. Work in Progress

- Portfolio and Letters requesting Health Insurance Cover prepared by RFI members in a working group (Sept 2011-May 2012)





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- The following Insurance Companies will be contacted: Hospital Saturday Fund, Aviva, VHI and Layla
- Reiki Practitioner Module is required for Reiki Practitioners to be included in requests to Health Insurance Companies
- In order to support Practicing Members to attain the Reiki Practitioner Level, we have introduced a Grand Parent Clause as recommended by the NWG for those who are deemed experienced Reiki Practitioners.
- There are a small number of RFI Members who will be recommended to take the Reiki Practitioner Module.
- A Training Day for Reiki Teachers to support teaching the Reiki Practitioner Module took place on Saturday afternoon 20th October 2012 and was repeated on Tuesday evening 6th November 2012. This Training event was given by experienced Reiki Teachers who have been teaching the Reiki Practitioner Module. They passed on their knowledge and information on how they teach this level. (Answer to Question 4)

References:

NWG Document can be downloaded from the Department of Health website: http://www.dohc.ie/publications/complementary_therapists.html

4. Background:

One of the main reasons for RFI being involved in the NWG in 2003-2005 is that in Ireland at that time, there was a lot of dissatisfaction with Complementary Therapists. One Complementary Therapist gave advice to patients about not attending Medical Doctors. There was quite a bit of media coverage on rogue practitioners and indications that Complementary Therapists were not trained to care for the public responsibly. There were meetings with the Department of Health. Complementary Therapists were advised to Self Regulate. It was suggested that if Complementary Therapists didn't self regulate, Complementary Therapists would be regulated by Authorities who had no understanding about Reiki.

At that time RFI had discussions with RFI Members on how to progress. Either to continue as we had in the past, practicing and Teaching whatever way individual teachers had been taught themselves or join together and put minimum guidelines in place that would satisfy the requirements for self regulation.

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The majority of members opted to progress with the guidelines and Self Regulation so that Reiki could be considered as a recognised healing discipline where Practitioners were trained to agreed guidelines and to avoid non Reiki authorities setting guidelines.

RFI Members set up working groups to develop guidelines. These Guidelines were accepted by members at EGMS.

The sections of the Reiki Practitioner Module including Case Studies and extra training hours came from recommendations from the Complementary Therapy National Working Group in 2005. (Response to comment 2)

The Reiki Practitioner Module has not come from Dr Usui, but from recommendations to be deemed a Professional Body in Ireland. (Response to comment 3)

Upon review of RFI guidelines, the Department of Health is satisfied that Reiki is Professional and RFI Reiki Practitioners are being developed and trained to care for the safety of the general public. Their whole focus is on the Practitioners being suitably developed and trained to take care of the general public. One of the questions asked by the Department of Health was why don't all Reiki Practitioners join RFI. It is in the Department of Health's interest, as they feel that the general public is cared for and safe when practitioners belong to a professional body with agreed standards. We are all ultimately involved in Reiki for its unlimited, unbounded healing abilities. However the guidelines support the development of RFI Practitioners and our relationship with the General Public, Department of Health, Hospitals, Nursing Homes, Hospices and Health Insurance Companies. The Minutes of that Meeting with the Department of Health (28/1/11) is an opening to many doors for RFI Reiki Practitioners in Ireland.

Main Points:

1. It was indicated that Reiki Training was lacking in 2003 when RFI members were involved with the NWG team.
2. There was not enough training in developing the Reiki Practitioner & detailed information on client care in Reiki Level 2.
3. Most Complementary Therapies had case studies and support for Students during their first therapy sessions.
4. Reiki Practitioners had no formal facility to be supported for case studies. No records of case studies were in the training of Reiki Practitioners in Reiki Level 2.(Response to comment 1)
5. The hours for Reiki Practitioners to practice professionally was deemed too low.
6. Complementary Therapists were requested to include and document the following sections in their training manuals

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- Ethics and Code of Practice
- Scope of Practice including: duty of care, contra indications
- Professional/Practitioner Development
- Clinical Practice including Case History, Questioning, assessment
- Clinical Supervision
- Personal Development
- Study Skills and Research
- Legal Obligations
- History, philosophy, theory and practice of the particular therapy

The above information was provided at the Training Day for Teachers to teach the Reiki Practitioner Module on 20th October 2012 and repeated 6th November 2012

5. Purpose of the Reiki Practitioner Module.

- To train Reiki Practitioners in all sections of the NWG recommendations. The Reiki Practitioner Module Guidelines includes the recommendations of the NWG.
- To develop and support Reiki Practitioners in professional care and safety for the public by increasing hours in training and include case studies assessments and review.
- To be in integrity and complete actions suggested and agreed by RFI members in 2003 to 2005 to the NWG and by members at 2007 and 2008 EGMs. Also to comply with RFI Constitution and implement members motions agreed by RFI members at previous EGMs

6. Benefits to you

- RFI currently have proposals ready to request Health Insurance cover from Health Insurance Companies. This will allow you to promote your Reiki practice as being covered by Health Insurance Companies. This will boost Reiki and your practice and support your Clients greatly.
 - Being part of a Professional body provides recognition for you and your practice.
 - Your details are promoted on the RFI website and Health fairs.
 - More acceptable for you to work in a medical setting when you are part of a professional body.

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7. Benefits to your Clients

- When Health Insurance accepts Reiki, your Clients will be in a position to claim benefits for Reiki Treatments.
- Prospective Clients often look for Practitioners on the RFI website, as it gives Clients assurance that Practitioners are trained to the specified guidelines.

8. Reiki Practitioner Module is a requirement for RFI to submit the proposal to Health Insurance companies for Reiki cover:

Note: People using Reiki for themselves and family are not obliged to follow any system as they are not providing care for the general public.

Guidelines are in place to protect and care for the public. The Department of Health and National Working group request that every Therapist practicing a complementary therapy should be competent, qualified and registered member of a relevant professional association. This will support the public being able to make an informed judgment on what to expect from a competent and registered practitioner. (Ref NWG document, Forward section)

We hope that this gives an overview of the progress we have made and where we are at. If you have any queries please feel free to contact any member of the RFI committee.

Continued success in your great work and all that you do.

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