

Enhance Your Energy Day 2017 for the Newsletter

We are delighted to announce that our Enhance Your Energy Day last October was a great success and we are happy to be able to tell you that we are holding our 2nd Energy Day on Saturday 7th October 2017 in The Talbot Hotel Stillorgan.

We are in the process of putting together our speakers and we are nearly there. It is a fun & informative day. Last year there were about 60 people attending. We are hoping to increase that number this year.

There was a great mix of members & non-members there on the day. The feedback was fantastic. Everyone really enjoyed it, so put the date in your Diary! Saturday 7th October 2017. Again the day is open to members & non-members. There will be a choice of 6 interactive 1-hour talks & a selection of mini-treatments running side by side.

Some of the speakers include

Francesca Brown	Angel whisperer
Alison Byrne	The Havening Technique
Srimanju Katragada	Mindfulness
Yvonne Skelly	Sound Healing
Patricia Fitzgerald	Mandalas
Dr Mary Helen Hensley	

We are still working on the final line up and will send on the brochure when we have it completed.

We will also be looking for professional therapists with insurance to volunteer to do mini-treatments in the morning. If you are interested please let us know.

I look forward to seeing you there

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