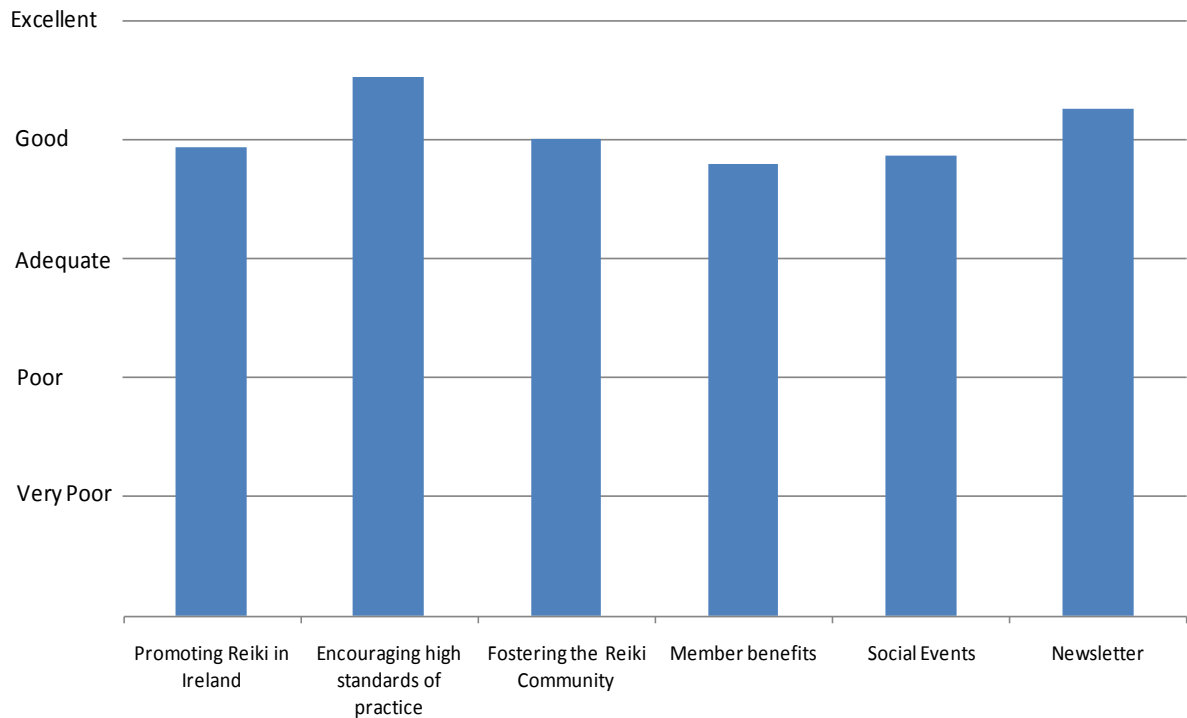


**REIKI FEDERATION IRELAND**  
**MEMBER QUESTIONNAIRE 2010**

Responses to the questionnaire are laid on in graphical form, along with all comments that our members made in the additional/optional information boxes below each question.

## How well do you think the Reiki Federation Ireland is serving your needs in the following areas?



I am a new member but I am very impressed with RFI.

We could do with more member benefits in other counties. Most of them seem to be in businesses located in or around Dublin.

This is only the first impression, I have been a member only for a short time. It would be great if social events did not only happen in Dublin, it is too far away for me to make it easy to come.

All the events seem to be in Dublin. There is a lot of distance and expense involved for people in Co.Cork to attend these

Social events are mainly held in Dublin

I would like to have more information support and guidance for teaching.

As many of the events are in Dublin, I don't get a chance to attend because I am based in Cork.

I attended once in Portlaoise which I enjoyed but was unable to attend further events which I was interested in because of time and travel constraints.

What can i say!!! you people are going an excellent job

Not sure about social events as I don't attend them.

Awareness should be promoted and the opinions being advised particularly by the catholic church should be actively resisted

I am finding more people commenting that Reiki is not allowed in their religion

I'm a new member.

I live in West Cork and it seems to me that promoting and fostering the Reiki community in Ireland is really mostly in Dublin. I may be wrong but I think you don't have a Cork wing of the Reiki Federation of Ireland. I know that there are a good number of practitioners in County Cork but I wonder how many of them are members of RFI because of a lack of connection to the rest of the country. I want very much to be a member of RFI and support your encouragement of high standards but as all the activities are in Dublin the social events are really not practical for me. I do understand that you are a Dublin based organization but the questionnaire specifically said "Ireland" so I thought I would add this comment. Many blessings.

Promotion of Reiki: Newspapers, radio, interviews, GPs, Health Care settings etc..... Use of RFI leaflets is a good way of promoting. As much coverage as possible!

More publicity to raise awareness of Reiki ,with the public & the medical fields . Clarity regarding Reiki & Health Insurance discounts would also be usefull .

Being able to add practitioner websites (for those who have them) to the practitioner listing details would be great. It would be the norm to have this type of information on an online practitioner listing.

Nearly everything seems to focus on the eastern side of the country, Dublin in particular. Of course, the population is greatest there but in terms of workshops and other events, it is a very long way away for those of us in the west. Costly and often impractical to get to things. More regional events please.

I am a qualified REIKI Master Practitioner but do not have a practice at present so I mostly do Reiki healing for family and friends and distance healing, therefore I am not sure how relevant my answers are to your survey.

Still find membership expensive compared to other professional memberships e.g. Yoga associations, Aura-Soma, etc...

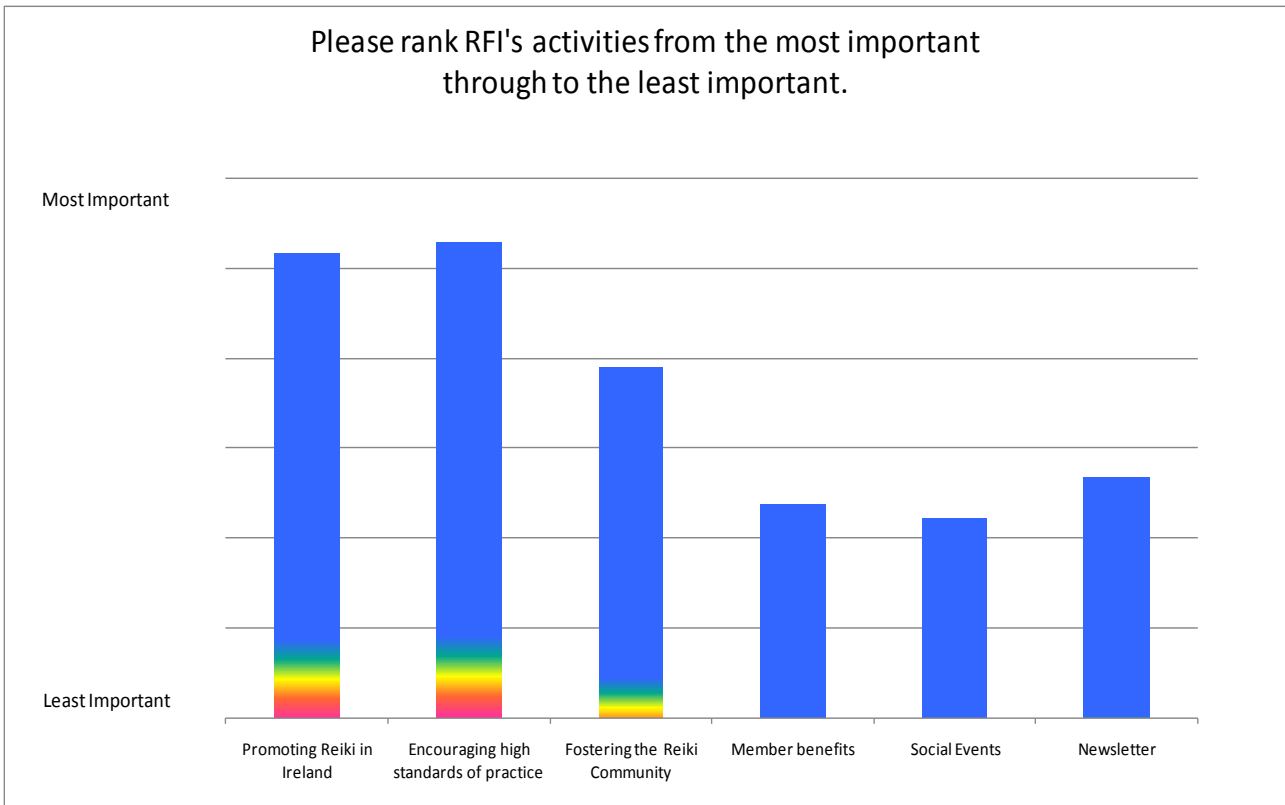
Promotion of Reiki is concentrated in Dublin and therefore our membership is concentrated in the Dublin / Leinster region....which came first - the chicken or egg? In my opinion, we need to extend ourselves out further, and have made offers to facilitate this particularly at the last AGM I attended.

We have a consistent / persistent fall-off / haemorrhage in membership numbers over the years which we have not succeeded in stemming...hence the 'poor' status in fostering reiki community

I have chosen to select DONT KNOW in relation to encouraging high standards as I feel that we are becoming paper-heavy / tending towards an over-emphasis on the regulatory aspect (as opposed to emphasis on good practice, good information delivered in a non-threatening environment with a more inclusive approach etc could be more beneficial)

I am very happy with how the RFI is organising Reiki in Ireland so would rate all as excellent.

Please rank RFI's activities from the most important through to the least important.



I am unsure what is meant by Fostering the Reiki Community.

Promotion, high standards and fostering the Reiki community would be a joint first for me. I find the newsletter wonderful because I don't live in Dublin. It keeps me in touch with what Reiki Fed is doing.

this is not my view really but i was not allowed to rank more than one choice

Although I put members benefits last they are nb for first time members.

My reasons for being a member of RFI are for quality standards of practice for all and promotion of Reiki as a recognised, acceptable complementary therapy. All the rest are fringe benefits so to speak.

Regulations concerning standards could be considered , especially in the area of training .

CPD points could be included in membership renewal , e.g. -Irish Reflexologists Institute where 100 CPD points are required annually & this year First Aid is also required .

Quite difficult to decide which is most important

I think providing a platform for the existing Reiki community is slightly more important than promoting Reiki in Ireland, which of course is important too...

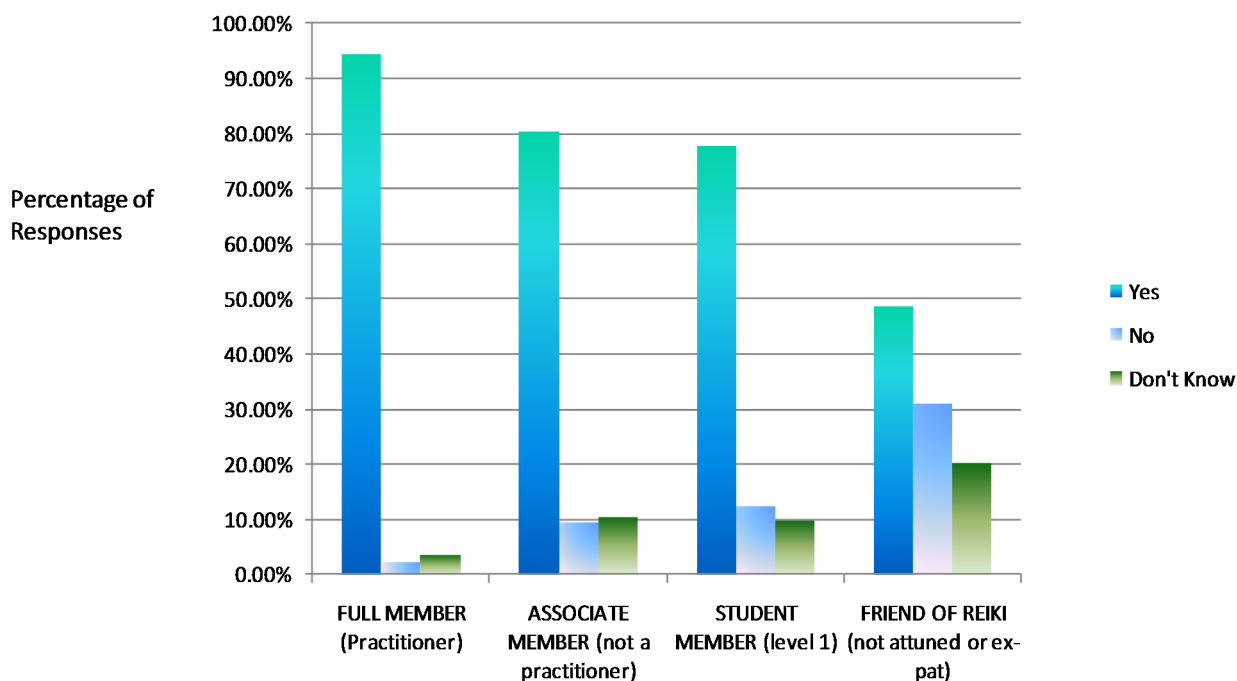
I feel the social events are very important too but living in Donegal and having a family, it is not always easy to attend the social events. So the newsletter is a good way to feel connected even when I miss out on the gatherings.

Question 3. is not clear. Also not been able to allocate same rank will not give correct result.

We are getting caught in a lot of bureaucracy. We need to go back to the essence of Reiki.

I think that the social events are very important but more as a tool to foster the Reiki Community and that is why I gave priority to the newsletter etc

## Do you think we should have the following membership categories?



Friend of Reiki is a nice idea as anyone who is supportive or positive towards Reiki is encouraged and may become more involved in the future.

I didn't join until I had completed Level 2. I'm not sure if it is a good or bad idea to make Level 1 members student members. On the positive side it may encourage them to continue on to become a full member but on the other hand it may make them rush through for the sake of becoming a full member.

As long as members cannot use membership to promote themselves (in that case a lot of different memberships would confuse and even mislead the public)

Re Associate Member - yes if they are attuned to Reiki, to allow them receive a newsletter and attend various training days.

Friend of Reiki - yes only if it is for receiving newsletters and not for attending training days.

I think membership should be for any body who has been attuned to any level of Reiki

Confusion of membership not to be encouraged. Full member, attuned to all levels whether practising or not and student member would be sufficient

The more members the more promotion and benefits.

Ex-pat attuned Reiki people should be catered for.

Don't think non-attuned people should have membership

Although I am a practitioner I have, according to your document on this subject, called myself an Associate Member as I do not meet all of the new criteria in the new document.

Associate members could be non practitioners & Reiki Level 1 - for family & friends only.

This membership fee could be at a reduced rate & could encourage more people to join .

It is good to include as many categories as possible in membership.

I think friend of Reiki is a bit vague...that could be anyone really. Maybe Supporting Member...not sure. Not strictly against this but thought needs to be given in the role of Friend of Reiki apart from contributing by way of membership fee. The platform of the Federation would change significantly

Do we need the Student Member Level 1 category? Could they not be an Associate Member unless they take the

decision to complete the training and become a practitioner?

I think anyone who wants to be a member should be allowed, maybe have full members and teachers at a higher level .

I think the RFI should be for qualified Reiki personnel only.

I believe there should be only one membership category (as it currently is).

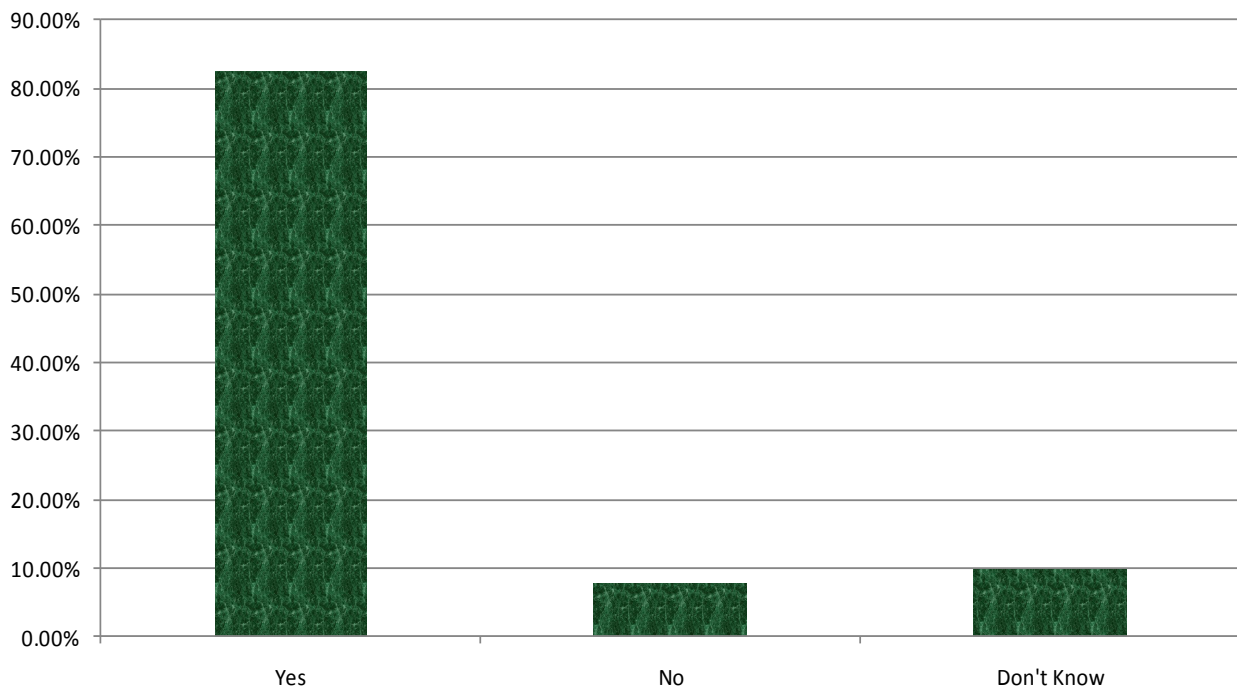
No division. united we stand!

Keep it simple and make it more affordable - for everyone.

Re Associate Member Category - I would need to know more about how this is defined

I am in favour of the various membership categories but do not see the point of the "friend of Reiki" apart from keeping in touch with qualified people who have moved abroad. Friends are always more useful than enemies but what would the friends do? I think to be involved in any group one should, at a minimum, know something about it. I feel that everyone involved in Reiki should have at least a level one competence and understanding of Reiki as it is something you cannot learn from a book.

## Do you think RFI member teachers should be allowed to place their Reiki training schedules on the RFI website (for a small charge per update)?



If all members think that this is acceptable. So maybe a vote would be a good idea on this one.

A bit of advertising does not hurt any body

I also think there should be links/articles on special offers given to RFI members.

Not unless they are following the guidelines of RFI and are structuring their courses according to RFI guidelines! My concern with this has always been that it takes a dedicated member of the committee to monitor what is on each person's website. RFI can become guilty by association by content on websites featured. Some RFI members have things on their websites that are not in line with our guidelines. Some members are not teaching according to our guidelines and their Reiki courses and schedules will be available to the general public. It will look interesting and confusing if the RFI website has links to schedules and courses which do not follow the guidelines as stated by RFI. I personally would not like to be the one dealing with such a concern from a member of RFI or a member of the general public. Above situation could make RFI look very unprofessional - saying one thing - appear to be doing another. I have no difficulty with members who sincerely follow guidelines being listed.

I believe RFI should promote all members equally. Not all teachers would avail of this service. Already have option of linking to their website. Also RFI could be seen as endorsing course if listed on website..... how can you monitor the quality and content of courses?

This would help a lot if this was available.

I think this would be both positive & productive . Both clients & Reiki students have contacted me from my listing on the RFI website .

I see no reason they should not do so.

Training schedule is personal and the RFI website shouldn't be used as an advertisement for personal practises as will denote a lack of professionalism and more "business" involved. Not to mention the beginning of competition that that idea will generate in between members as they will start to compare their own prices. Not a good idea in my opinion at all!

Absolutely - the more people learning Reiki (to RFI standards) the better! Reiki training contributes to a positive mind-shift in individuals and therefore in society

If you added the practitioner/trainer's website link to the RFI website people could just go there for full details of the

training courses, plus the info would only have to be kept up to date in one place.

This could only be of benefit to members. They can readily update their skills if they so wish.

The RFI website should be kept 'clean' of such schedules as most Reiki practitioners already have their own website or are advertised on 3rd party sites (e.g. [holisto.com](http://holisto.com), [reiki.ie](http://reiki.ie)).

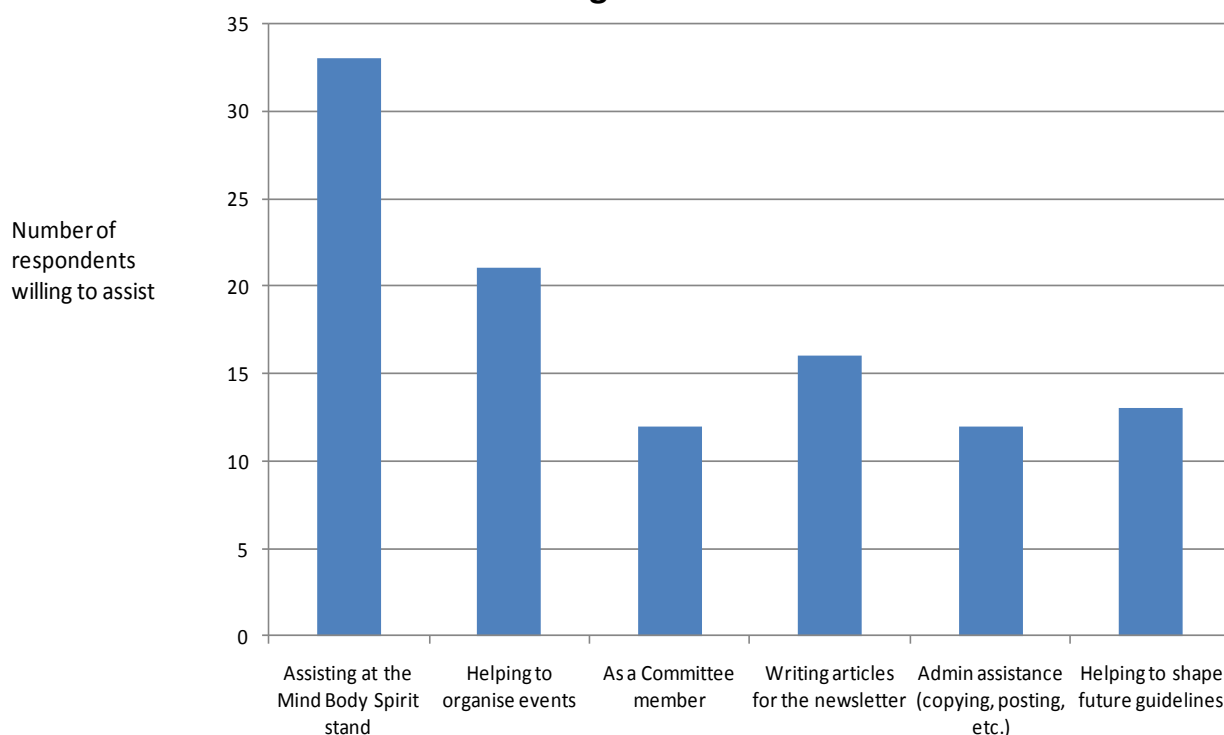
If their courses abide by the standards recommended by the RFI

I think maybe an annual charge tied into the membership category would be advisable - therefore reducing administration costs / labour intensive etc.....set quarterly deadlines for advertisement of workshops?

I think it should be encouraged as interested persons can then compare one teacher with another and see whose teaching programme would best suit their needs, locality and their work situation.



**Please review the list below and tick any areas where you would be willing to assist the RFI?**



Some of the above I wouldn't rule out for the future but for now I won't commit to them.

Ad hoc projects, e.g. membership categories, when I feel I have something to offer. Can also help with email correspondence and possibly other admin

At the moment my priorities lie in setting up my practice in Ireland (moved in from Holland).

Cannot commit to anything at this time

At the moment I am not in a position to assist, will advise at another point in time.

Dublin isn't very convenient but I would be available for other venues e.g. Cork etc.,

unable to assist in any of the above at present but hopefully this will change into the future.

i am ready to give little bit of myself for goodness of rfi

I sent in an article written by client of mine last year but it was never published. It was by Esther Wren.

I'm already on the Committee!

Difficult to be more involved as I do not live in Dublin

Not at the moment

As I live in West Cork it wouldn't be practical for me to volunteer for any of these jobs.

Would be available to help with any Admin work but not based in Dublin so this could prove difficult.

I am willing to help in the future months when i finish my A&P course

I am also a Life and business coach and would love to write positive articles for the news letter

Wish I had more time to help out but not at the moment. Keep up the good work!

I have very little free time at present. I am a lone parent with 3 children whom I work fulltime to support and spend the most of my free time ferrying them to and from various activities and trying to cope with housework, shopping, etc. When they are more independent I will be free to offer RFI some time to assist in any way I can but for now that is not possible.

I would at some stage be interested in serving as a committee member but not sure that I could give sufficient time just now but perhaps next year. More than happy to help out in any other way I can in the meantime.

Make sure you give me plenty of notice and remind me of when you need articles by and what you'd like me to write about.

I think we run the risk of over-kill on the guidelines....we need to be mindful not to over-structure, over-emphasise

7. Please let us know if you practice any other therapies by selecting from the list below.

THERAPY	VOTES
Angel Healing	18
Reflexology	18
Indian Head Massage	17
Holistic Massage	16
Spiritual Healing	14
Counselling	6
Kinesiology	6
Quantum Touch	6
Aromatherapy	5
Emotional Freedom Technique	5
Aura-Soma	4
Colour Therapy	3
Herbalism	3
Shamanic Healing	3
Homeopathy	2
Bio-energy	1
Bowen Technique	1
Hot Stone Therapy	1
Hypnotherapy	1
Iridology	1
Pranic Healing	1
Other: See Below	20
Total	<u>45</u>

Certified Lifeskills Consultant specialising in relaxation and stress reduction techniques. Also basic Crystal therapy.

Lifeskills - teaching individuals to de-stress using natural therapies and techniques from the 'Lifeskills Toolbox'.

Seichem.

Meditation

Thai foot and leg massage

Metamorphosis

I am a fully qualified yoga teacher

body massage and beauty therapy treatments

I have done Counselling, Anatomy and Physiology, Holistic Massage and Indian Head Massage but the only therapy I now do is Reiki.

Body Mind Balancing Therapist and Heal Your Life workshop Leader

craniosacral reflexology

Life and Business Coaching

Seichem, Healing with the Egyptian Cartouche, Meditation for Healing

Hopi Ear Candling

Australian Bush Flower Practitioner

Crystal Therapy

IET am just about to do level three.

IET

Neuro muscular therapy

Bio Therapy Testing

Amatsu

quantum touch

Crystal Therapy and Stress Management

Seichem

Hypnotherapy

I also use the Tarot cards for psychological, spiritual healing/counselling.

On-site massage, Natural Facials, Personal & Business Coaching

Deep Tissue & Sports Injury, Crystals, NLP & Hypnosis

Seichem Energy, LifeSkills

INTEGRATED ENERGY THERAPY (IET)

Chelation

Onsite Holistic Massage

seated chair massage, Manual Lymph Drainage.

Relaxation Therapy, Crystal Healing, Bach Remedies, IET

Electromagnetic Stimulation Therapy

Tarot readings

Lifecoaching

Bioresonance therapy

Chelation

Seichem, Karuna Reiki

Life ,Career and Small business coaching

Seichem

Lifecoaching, De-cluttering, Crystal healing

Basic chi gung

QiGong, Taijiquan (Tai Chi), Daoist Meditation techniques.

Healing Yoga

Creative Writing

Tai Chi,

Shamanic Yoga Dance

LifeSkills Consultancy / Stress Management,

WRAP Facilitation (Wellness Recovery Action Planning).

Integrated Energy Therapy

## **Please note below any suggestions or comments you have for the RFI Committee.**

Would love another Reiki day for members as I missed the last one and I heard it was great.

I always look forward to receiving the newsletter. It's very interesting and informative.

I believe that standards of practice can still afford to be raised. I feel that certificates can be handed out too easily. I know guidelines have been put in place to address the above but there is still room for improvement.

Of course it is important to have as many people as possible doing Reiki in the world but what is more important surely is the quality of this. Has the ego been removed with each individual?

I have noticed people not embracing Level 1 completely & therefore not developing themselves fully & moving swiftly on to become practitioners &/or masters without full comprehension of what Reiki truly is & also therefore are not going to be a fine example to all they encounter if they still have issues & so on.

It waters down Reiki as a whole & undermines it. Also, it does not give the right impression to on-lookers.

It is important for Reiki to have an image that truly reflects all that it stands for.

I am only a member of the RFI since December 09. I don't feel I am in a position to comment on a lot of these questions.

Good initiative to do a survey! I hope it will bring you the information you need.

Many thanks for all your hard work. Maybe sometime in the future when I have more time I may be available to participate more.

I have only attended one of the sharing days in Stillorgan Park Hotel which I found very practical, informative and enjoyable. I have read the proposed modules for teaching and they are quite comprehensive.

The Federation is well run by the current volunteer committee. Going forward you may want to protect yourselves by becoming a company limited by guarantee. This I know can cause extra admin duties etc. but is for your own protection from the public.

Keep up good work.

I would love to see more events/social gatherings/workshops or the promotion of all these things in the mid-lands so we don't have to always travel up to Dublin to attend them.

My membership is up for renewal this month, like a lot of Reiki practitioners in Cork I'm wondering about the benefits of having membership when all the events are in Dublin. I have just received my Itec Diploma for holistic massage this includes anatomy and physiology and professional conduct & business awareness. I went for these qualifications because I completely agree with Reiki Federation that they are very important, now and in the future.

Would you be open to having a branch that serves Cork City and County? I would be happy to help organise and promote it. With the full time College course finished I'm now looking forward to working with Reiki again. I hope we can all work together. Namaste

I have become a member recently and lower insurance costs are high on my priority list.

Hi. I am presently in Denmark and will be for a while. I am happy to keep in touch with the happenings in Ireland. I thank everybody who gives time to the Federation. Wishing you a Happy Easter. AG

Members of the Federation should be encouraged to counteract opinions expressed by the RC church. One grade of full membership is appropriate. General public are confused by a mix of therapies being carried out. Reiki is Reiki and not a mix mash of combined work, clear indications should be given to clients rather than offering a "a bit of Reiki, and do you mind if i include a bit of angel healing and throw in a little shamanic healing at the same time" a Reiki practitioner should be just that.

Just always keep in touch with members as I think it is very important to have a sense of belonging. also think it may be good to suggest other tools to use as in style forms and music.

I was pleased to see a recent article in the newsletter referring to the need to remember the spiritual dimension of Reiki. Most important as it underlies everything physical. Thanks!

Good job!!

More avenues for promoting new therapies/ services

I think some practical guides to i.e. latest Reiki tables and stockists. My last table I bought in 2001 so deciding and a new table was really difficult. Shamus Carter do not have a website, and as I do not live in Dublin I could not see what he had to offer.

Thank you for the events arranged for RFI members (and non-members) since the beginning of the year. The day in Stillorgan was really enjoyable.

It's a pleasure to receive the RFI Newsletter. Thank you to the Editorial Committee and the Contributors.

Legal disclaimers( worded by a solicitor who is an expert in this area) on the website if you decide to have members websites and schedules listed.

Websites and their content can change by the moment, it is impossible to police this fully.

Thank you all so much for your continuing hard work! Survey is a great idea and I hope you get lots of valuable information.

Great easy to use Survey. Well done.

Hope we get a great response.

I think they are doing an excellent job, keeping us well informed and all information documentation i.e. Newsletter, Guidelines, Code of Practice has been compiled in a very professional manner.

We are new and would love to become more involved with the Federation, we have youthful approach that would like to encompass the standards, wisdom and experience of the RFI. Thank you

Thanks for the effort you've gone to organise this survey. Hope you get a good response level.

It may be of benefit to have seminars for Reiki members for example how to promote your business and design your customer journey. What is good customer service. As a business coach I can help in many areas with seminars ,talks and 121 coaching.

You are all doing a great job. Keep up the great work.

Would RFI consider listing other therapies alongside Reiki on their practitioner listing. For example if a listed Reiki practitioner also does other forms of therapy, could this be listed alongside their Reiki on practitioner listing? I know other healing websites do this.

As a new member to the RFI I think its a fantastic organisation and the professionalism, events, newsletter and guidelines are spectacular. Definitely given me huge confidence in taking my Reiki forward. Thank you for that.

Keep it simple...

Maybe the RFI should look into the (doubtful?) practice of Reiki being taught in 'Adult Education' classes in various schools across the country. I have personally come across people who followed this route, and found that when questioned, they were missing a large amount of theoretical knowledge, and some were not able to handle the energies. It is an easy way to make money, these classes, however, people are being 'damaged' by the process. Personally, I think it should be stopped.

Don't get caught in the bureaucratic web. Keep the Reiki spirit alive with the same integrity as our teachers in the mid-nineties.

Thanks for the survey

"High standards" are the most important thing for any professional body dealing with the public in matters of health. As an organisation we should set our own high standards but should be fully open to independent outside regulation. I have to confess my lack of knowledge of the present situation on this one. However, following on my experience with a "banana republic health service" outside regulation is the only way to impose standards on the professions.