



Enhance Your Energy Experience

You are invited to a day of relaxation, sharing, and learning, with a variety of sessions to join

Venue: Talbot Hotel Stillorgan **Date:** Saturday, 8th October, 2016

Contribution: €45 RFI Member, €60 non-members (includes lunch & refreshments)

For location/accommodation details, please contact Talbot Hotel Stillorgan (formerly The Stillorgan Park Hotel), on 01 200 1800, or visit www.talbothotelstillorgan.com

To book your place, please return completed form with payment by 1st September 2016 to:
Membership Secretary, Reiki Federation Ireland, PO Box 11625, Dublin 6W.

PLEASE TICK THE ACTIVITY OF YOUR CHOICE IN THE TABLE BELOW

Time	Room 1	Room 2
09.30 am	Registration (Tea and Coffee)	
10:00 - 10:15	Welcome and Introductory Meditation	
10:15 - 11:15	Finding your Soul contract through Numerology. Grainne Tyndall <input type="checkbox"/>	Relax and enjoy a variety of mini treatments <input type="checkbox"/>
11.15 - 11.45	Tea and Coffee	
11.45 - 12.45	Celtic Shamanic Energies – How to invite Mother Nature, Father Sky and Spirit in to your life. Karen Ward <input type="checkbox"/>	Relax and enjoy a variety of mini treatments <input type="checkbox"/>
12.45 - 1.45	Lunch	
1:45 - 2.45	The Healing Labyrinth. Toni Christie <input type="checkbox"/>	How to live your best life by being in the now. Abby Wynne <input type="checkbox"/>
2.45 – 3.45	Manage Your Energy- Jump for Joy! Patricia Sheehan <input type="checkbox"/>	"Understanding is the new forgiveness" We are nearly there!! Mary Helen Hensley <input type="checkbox"/>
3.45 - 4.00	Refreshments	
4:00 - 5:00	Reiki Share	
5:00 pm	Close	

Hosted by
Reiki Federation Ireland
Phone: 087 981 9366
Email: publicrelations@reikifederationireland.com

REGISTRATION DETAILS
Confirmation of Attendance

Name Phone Number.....

RFI Number Email

Activities of choice selected above

Cheque / Postal Order for € enclosed

Paypal *

(contact Rosemary Lowe at membership@reikifederationireland.com) *

Places are limited so early booking is advised

Speakers Biographies



Gráinne Tyndall is an International Numerologist, Soul Reader, and Spiritual Healer. She has over 15 years' experience working and healing in the holistic field – both in Ireland and Internationally. Gráinne has helped thousands of people in discovering their life's purpose as well as working through the issues in their tissues!

As an experienced Group Facilitator, Gráinne delivers a variety of workshops and seminars, from Numerology through the Artist's Way to the Law of Attraction to name but a few. Gráinne has a deep love of working in the Community – supporting those who are working through addiction or emotional ailments. Gráinne has written a best-selling book: 'Angel Wisdom for Kids' along with the first Oracle Cards for children in the world. She is the resident Numerologist on both TV3 and on 4FM. She is a regular columnist for both Woman's Way and Positive Life Magazines. Coming in 2016, Gráinne is developing her next best-seller based on Numerology to be published in 2016. Watch this space!



Karen Ward, Energy Therapist from the BBC's 'Last Resort' and Holistic Therapy Presenter from RTE's highly successful programme 'Health Squad' is author of renowned book 'Change a Little to Change a Lot'. She obtained a Masters from All Hallows, DCU, an Honours Science degree from UCD & practices Holistic Psychotherapy, Stress Management Coaching and Energy Therapy from her Clinic in Smithfield, Dublin. She is a Shamanic Practitioner, Mentor and Teacher trained in the Celtic traditions and Q'ero Peruvian Lineage. Karen is a Reiki Master since 1999 in the Usui Shiki Ryoho tradition. As an established lecturer & facilitator of motivational & inspiring Talks Karen enjoys bringing a light, fun element into a variety of holistic health subjects. She & her husband, John Cantwell,

teach & run a school of Shamanism – Holistic Living - called 'Slí an Chroí' from Dublin, Meath & Sacred Sites in Ireland and aboard. She treats all her treasured clients from a mind, body, spirit & energetic perspective. www.slianchroi.ie



Tony Christie is an author, artist, inspirational speaker and workshop facilitator. He is the creator of The Labyrinth Wisdom Cards; a deck of wonderfully insightful cards with life guidance messages. Tony founded 'Labyrinth Ireland' in 2005 with the aim of sharing the labyrinth with people as a tool for personal and spiritual growth. Phone: +353 87 9468185 Email: tony@labyrinthireland.com Websites: www.labyrinthireland.com www.labyrinthwisdom.com



Abby Wynne is a shamanic psychotherapist, energy healer, published author and teacher. She blends psychotherapy, shamanism and energy work for a powerful and unique healing experience. She teaches people how to reconnect to their heart and soul and bring spirituality into their daily routine, so they can live their happiest life now. Website: www.abby-wynne.com



Patricia Sheehan is a Chartered Chemist and worked in the Pharmaceutical Industry for 20 years before she resigned in 2002, as she felt that there was another way we can all look after our health and happiness. Patricia teaches people to Connect with their Higher Consciousness & Heart as a way of Living a Healthy, Happy, Energetic, Bright Life Every Day. She teaches Reiki, Seichem and Sakara and has regular popular VBlogs on her website, to share Energy Healing as a way of maintaining Health & Happiness. She also has created twenty Meditations on CD & MP3s which can be help with Mindfulness, Peace of Mind - Guidance/Direction – Clarity – Insomnia – Migraine - Lifes Purpose - Angelic Connections - Crystal Healing - Indigo Consciousness, Confidence - Release old patterns - Conscious Awakening - Bereavement - Immune System - Heart Healing -Love and Living your Joy. Website: www.reikiforall.org & www.purelightactivations.com.



In December of 1991, **Mary Helen Hensley** was involved in a car accident that was to change her life forever. With vivid clarity, she was able to recount all that took place during her near death experience along with a reconnection with her life's purpose. After the accident, a lifelong ability to communicate with those in spirit, coupled with the gift to see future events, was enhanced by a new endowment; to touch an individual, 'read their past' and facilitate healing. Riddled with a host of injuries from her crash, Mary Helen attended a Chiropractor to begin her own journey back to health. She made the decision to return to school and become a Doctor of Chiropractic. Dr. Hensley has been educating and caring for the health and wellbeing of her patients since 1998. She has spent the last ten years building her practices, and has facilitated the healing process for countless individuals, all referred to her by word of mouth. In 2015 Mary Helen published her first book, *Promised by Heaven*, with Simon & chuster.